

## **London Social Prescribing Link Worker Training and Development Matrix**

Link Worker Skills & Personal Development						
Area of competency	Requirement	Details/Links	Cost	Completion		
SOCIAL PRESCRIBING S	SPECIFIC					
Social Prescribing Accreditation	Primary	Personalised Care Institute - Launch due September 2020 <a href="https://nhs473655559.files.wordpress.com/2020/07/pci-newletter-july-2020.pdf">https://nhs473655559.files.wordpress.com/2020/07/pci-newletter-july-2020.pdf</a> The curriculum, accreditation process, website and learning hub will all be introduced at the launch. Website address will be: personalisedcareinstitute.org.uk (going live Sep 2020) – enquiries are already being taken at <a href="mailto:info@personalisedcareinstitute.org.uk">info@personalisedcareinstitute.org.uk</a> .	TBC	TBC		
Understanding the Link Worker Role	Primary	NHSE have developed and Accredited online learning programme - sign up HERE  The 6 modules are designed to provide an overview of the key elements of your role.  1. Introduction to the social prescribing link worker role 2. Developing personalised care and support plans with people 3. Developing partnerships 4. Introducing people to community groups and VCSE organisations 5. Safeguarding vulnerable people 6. Keeping records and measuring impact  There are 3 further modules in development: Social Prescribing and Mental Health, Children and Young People, Welfare and Legal	Free	Completion Certificate		

PCN Social Prescriber Induction materials	Primary	NHSE Welcome pack: <a href="https://www.england.nhs.uk/publication/social-prescribing-link-worker-welcome-pack/">https://www.england.nhs.uk/publication/social-prescribing-link-worker-welcome-pack/</a> <a href="https://www.england.nhs.uk/publication/social-prescribing-pack/">https://www.england.nhs.uk/publication/social-prescribing-pack/</a> <a href="https://www.england.nhs.uk/publication/social-prescribing">https://www.england.nhs.uk/publication/social-prescribing - a page on their website with lots of useful documents to have a look through  PCN social prescribing reference guide + Technical annex - basic guide and technical toolkits for PCNs delivering social prescribing  Implementation guide for PCNs - this is a summary guide of what SP is for those implementing / delivering social prescribing services, but could be of interest to Link Workers to gain further context of their role and useful as a reference when advising PCNs on guidance around the delivery of effective social prescribing  Supervision requirements for PCN: <a href="https://nhs473655559.files.wordpress.com/2020/07/splw-support-matrix-incl-supervision-07.20.pdf">https://nhs473655559.files.wordpress.com/2020/07/splw-support-matrix-incl-supervision-07.20.pdf</a></a>	Free	Reading
Social Prescribing Link Worker Tool	Primary	http://hub.salford.ac.uk/ssph/wp-content/uploads/sites/94/2019/07/SalfordSPx-tool-posterA0.pdf	Free	Reading
Essential skills and knowledge for Link Workers	Additional	The training is designed for link workers to adapt their holistic way of working to an online setting in the context of the recovery period of COVID-19.  3 x 2h live sessions + 3 pre-recorded tutorials, the training covers topics including:  • Supporting vulnerable people in the current context, including remotely  • Behaviour change and motivational interviewing approaches  • Peer Supervision and reflective practice <a href="https://www.eventbrite.co.uk/e/essential-skills-and-knowledge-for-link-workers-a-three-sessions-course-tickets-149718513103">https://www.eventbrite.co.uk/e/essential-skills-and-knowledge-for-link-workers-a-three-sessions-course-tickets-149718513103</a>	£154.29 – £207.29	Completion certificate
Online Link Worker training	Additional	<ul> <li>5 x half day pre-recorded AND live sessions - Covers the following topics based on remote working, and working during COVID-19 crisis and recovery period:         <ul> <li>Supporting vulnerable people over the phone</li> <li>Behaviour change &amp; motivational interviewing when working remotely</li> <li>Peer Supervision</li> <li>Data outcomes, impact and evaluation</li> <li>Community based provision when working remotely</li> <li>https://www.eventbrite.co.uk/e/online-social-prescribing-link-worker-training-5-sessions-tickets-130434371717</li> </ul> </li> </ul>	£225 inc VAT	Completion certificate
Social prescriber Plus Programme	Additional	https://www.pccevents.co.uk/pcc/frontend/reg/thome.csp?pageID=1253494&eventID=2384&traceRedir=2	£275 + VAT	Completion certificate

Accredited Level 3 qualification in Social Prescribing	Additional	https://www.bbbc.org.uk/insights/social-prescribing-link-worker-training/ 3 days per month live online teaching, for 7 months	£3000 per learner	Completion certificate			
Leadership skills for Social Prescribing: A Development Programme	Additional	https://www.altogetherbetter.org.uk/leadership-skills-for-social-prescribing 4 half-day modules via Zoom	£250 (+VAT) per person	Completion certificate			
COMMUNICATION AN	COMMUNICATION AND PERSONABLE SKILLS OF THE LINK WORKER						
Effective Communication	Secondary	http://www.social-care.tv/courses/course-details/3	£1.49 plus VAT	Completion Certificate (50 mins)			
Mental Health conversation training	Secondary	https://people.nhs.uk/react-mh-conversation-training/	Free to NHS	Session Attendance			
Communicating with Empathy	Secondary	https://www.e-lfh.org.uk/programmes/communicating-with-empathy/	Free	Completion Certificate			
Dignity and Respect	Secondary	https://www.dignityincare.org.uk/Resources/Training_resources/	Free	Reading			
Presentation Skills	Secondary	https://www.mindtools.com/pages/article/newCS_96.htm	Free	Reading (3 mins)			
Listening Skills	Secondary	https://www.mindtools.com/CommSkll/ActiveListening.htm	Free	Reading (5 mins)			
Negotiation skills	Secondary	https://www.mindtools.com/pages/article/essential-negotiation.htm	Free	Reading (6 mins)			
Conflict resolution	Secondary	https://www.mindtools.com/pages/article/newLDR_81.htm	Free	Reading (9 mins)			
Assertiveness skills	Secondary	https://www.mindtools.com/pages/article/Assertiveness.htm	Free	Reading (11 mins)			
Personal Resilience	Secondary	https://www.mindtools.com/pages/article/resilience.htm	Free	Reading (7 mins)			
Challenging Behaviour	Additional	http://www.social-care.tv/courses/course-details/2	£1.49 plus VAT	Completion Certificate (45 mins)			

Multi-lingual Training	Additional	https://www.pasaloproject.org/trainingconsultancy.html	Enquire for cost	Course completion
		https://www.health.org.uk/sites/default/files/RtVSupportingSelfManagement.pdf	Free	Reading
Self-Management	Primary	https://www.qismet.org.uk/smrc-courses/	Enquire	Completion Certificate
		https://reader.health.org.uk/practical-guide-to-self-management-support/introduction	Fre <b>e</b>	Reading
		https://www.nice.org.uk/guidance/ph6/chapter/1-Public-health-need-and-practice	Free	
Behaviour change	Primary	https://www.eufic.org/en/healthy-living/article/motivating-behaviour-change	Free	Reading
		https://www.rcn.org.uk/clinical-topics/supporting-behaviour-change/understanding-behaviour-change	Free	
Conversations with Vulnerable People	Secondary	https://www.samaritans.org/how-we-can-help/workplace/workplace-staff-training/course-conversations-vulnerable-people/	Enquire	Completion Certificate
Supporting vulnerable people over the phone	Additional	https://www.bbbc.org.uk/news-and-resources-social-prescribing-training-supporting-vulnerable-people-over-the-phone/	Free	Pre recorded training session
Person Centred Coaching	Primary	https://www.open.edu/openlearn/ocw/mod/oucontent/view.php?id=74755&section=2	Free	Completion Certificate
Motivational interviewing	Primary	https://www.rcn.org.uk/clinical-topics/supporting-behaviour-change/motivational-interviewing	Free	Reading
GROW coaching model	Additional	Useful, quick video on the GROW model in coaching <a href="https://xncoachfrbundet-nmb.se/en/grow-the-model/">https://xncoachfrbundet-nmb.se/en/grow-the-model/</a>	Free	Video
Collaboration and	Secondary	https://www.local.gov.uk/sites/default/files/documents/partnering-and-multi-agen-ee0.pdf	Free	Reading
partnership working	Secondary	http://asauk.org.uk/wp-content/uploads/2013/09/Partnerships-introduction-to-collaborative-working.pdf	Free	Reading
Problem Solving	Secondary	https://www.mindtools.com/pages/article/newTMC_00.htm	Free (1 <sup>st</sup> 3 articles)	Reading (4 mins)
Workload Management	Additional	https://career-advice.jobs.ac.uk/career-development/tips-for-time-management-and-balancing-a-busy-workload/	Free	Reading

Mental Health in the workplace	Additional	ACAS resources	Free	Reading
Supporting the mental health of BAME colleagues	Additional	https://mhfaengland.org/mhfa-centre/webinars/	Free	Webinar
Lone Working	Additional	Read local provider policy of CCG https://www.hse.gov.uk/pubns/indg73.pdf	Free	Reading
IT Tools & Data Protec	tion			
Handling data and		https://www.e-lfh.org.uk/programmes/data-security-awareness/	Free	Completion Certificate
information	Primary	https://www.igt.hscic.gov.uk/ Or contact your local commissioner / provider to gain access to their preferred training	Free	Reading
Surgery / Social Prescribing IT Platform	Primary	Contact Practice Manager or Clinical Director to arrange training for e.g. EMIS / Vision / Systm1 / Elemental	Free	N/A
Patient Activation Measure (PAM)	Additional	https://www.insigniahealth.com/products/pam-survey Licence Required – enquire at your practice regarding access	Free	Reading
SNOMED codes – what are they and how to use	Primary	https://www.bbbc.org.uk/insights/news-and-resources/news-and-resources-how-to-record-sp-snomed-codes/	Free	Video tutorial

MANAGEMENT SKILLS					
		Developing Personalised Care and Support Plans with People: <a href="https://portal.e-lfh.org.uk/Component/Details/599835">https://portal.e-lfh.org.uk/Component/Details/599835</a>	Free	Completion Certificate	
Developing a Personalised Care & Support Plan	Primary	Personalised Care and Support Planning Handbook: <a href="https://www.england.nhs.uk/wp-content/uploads/2016/04/core-info-care-support-planning-1.pdf">https://www.england.nhs.uk/wp-content/uploads/2016/04/core-info-care-support-planning-1.pdf</a>	Free	Reading	
		Personalised Plan Wellbeing Template ( <i>National Academy for Social Prescribing</i> ): <a href="http://www.socialprescribingacademy.org.uk/helpful-new-covid-19-resource-personalised-wellbeing-plan-template/">http://www.socialprescribingacademy.org.uk/helpful-new-covid-19-resource-personalised-wellbeing-plan-template/</a>	Free	Reading / Resource	

Volunteering training (Managing a Group of Volunteers)	Secondary	https://knowhow.ncvo.org.uk/your-team/volunteers/keeping/supporting-volunteers	Free	Reading
Community Development (building groups)	Secondary	https://www.gov.uk/government/publications/community-development-handbook/community-development-handbook	Free	Reading
Grants & Funding Applications	Secondary	https://mycommunity.org.uk/funding-options/raising-finance-options/grants/	Free	Reading
Support & Supervision	Primary	https://nhs473655559.files.wordpress.com/2020/07/splw-support-matrix-incl-supervision-07.20.pdf	Free	Reading / Resource
Coaching others how to coach	Secondary	https://www.open.edu/openlearn/health-sports-psychology/coaching-others-coach/content-section-overview?active-tab=content-tab	Free	Completion Confirmation
Team check in	Additional	https://people.nhs.uk/startwellendwell/	Free	Video
Collaborative working in a remote team	Additional	https://www.futurelearn.com/courses/collaborative-working-in-a-remote-team	Free	Completion certificate
Quality, Service Improvement and Redesign (QSIR)	Additional	https://www.eventbrite.co.uk/e/quality-service-improvement-and-redesign-qsir-tickets-154411086717?aff=ebdsoporgprofile	Free	Completion certificate (TBC)

#### **LOOKING AFTER YOURSELF**

Often in receiving support ourselves, we learn the importance of the services we are linking people into, and techniques for supporting our clients – some of these options are not strictly training, but will be fertile ground for learning.

Ī	Free coaching	To sign up: https://people.nhs.uk/lookingafteryoutoo/		
١	support for			Service &
١	Social	Webinar from SPLWs on how they have used the service and it's value:	Free	Video
١	Prescribing Link	https://us02web.zoom.us/rec/play/5FlmbPGfdfybuh9nX0wzkdsVZx4QpfAMg8OncIn9Gvfmvnux200lAszHPn7lLpTZkaJuNlf83U-		Video
	Workers	<u>e72G.Cqzaxm3nSB4DFqb7?continueMode=true</u>		
	Resilience chats	https://www.wisdomandwellbeing.co.uk/the-listening-space	Free	Service

NHS staff support line	From 7:00am – 11:00pm, seven days a week, operated by Samaritans: Call 0800 089622	Free	Service
NHS staff bereavement support line	From 8:00am – 8:00pm, seven days a week, operated by Hospice UK: Call 0300 3034434	Free	Service
NHS staff counselling support	A free service developed and funded by the Association of Christian Counsellors, who are offering up to 10 online or telephone counselling sessions to people working within the NHS who are directly impacted by COVID-19 <a href="https://www.acc-uk.org/news/hidden-holding-pages/covid-19-crisis-counselling-support-service.html">https://www.acc-uk.org/news/hidden-holding-pages/covid-19-crisis-counselling-support-service.html</a> The confidential service is open to people of all beliefs and none, and you can ask to be matched on ethnicity.	Free	Service
Techniques for stress reduction	https://people.nhs.uk/finding-calm-amongst-chaos/	Free	Videos
Team check in	https://people.nhs.uk/startwellendwell/	Free	Video
Future Learn sessions: Resilience & well being at work	Professional Resilience: Building Skills to Thrive at Work Learn how to deal with stress at work and in your personal life through building resilience skills.  Mindfulness for Wellbeing and Peak Performance: Learn mindfulness techniques to reduce stress and improve your wellbeing and work/study performance in this online course.  Wellbeing and Resilience at Work: Discover how to maintain resilience and adaptability, and explore the value of good health and wellbeing in the workplace.	Free	Completion certificate

# Knowledge and Awareness of Health, Social Care and Community Practice Area of competency Requirement Details/Links Cost Completion

#### **Community**

(Explore & build relationships in local assets within the community by speaking with the local voluntary infrastructure organisation who will have a list of voluntary, community and Social Enterprise (VCSE) groups)

Asset Based Community Development (ABCD)	Secondary	https://www.nurturedevelopment.org/asset-based-community-development/	Free	Reading
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**Health** (For clinical advice, please contact GP or for more information around additional help & support contact your local voluntary organisation)
Also search a range of conditions here: <a href="https://healthandcarevideos.uk/">https://healthandcarevideos.uk/</a>

Covid-19	Secondary	Psychological first aid for Covid-19: <a href="https://www.futurelearn.com/courses/psychological-first-aid-covid-19/1">https://www.futurelearn.com/courses/psychological-first-aid-covid-19/1</a>	Free	Completion Certificate
Covia-19	Secondary	https://www.e-lfh.org.uk/programmes/covid-19-recovery-and-rehabilitation/	Free	Completion Certificate
Dementia	Secondary	https://www.dementiafriends.org.uk/WEBArticle?page=what-is-dementia#.Xk076ElvI2w	Free	Reading
	Secondary	https://www.futurelearn.com/courses/talking-about-cancer	Free	Completion Certificate
Cancer	Secondary	https://www.cancerresearchuk.org/health-professional/awareness-and-prevention/talk-cancer-cancer-awareness-training-programme/how-to-participate	Free (with some conditions)	Completion Confirmation
End of Life	Secondary	https://www.mariecurie.org.uk/help/support/diagnosed/recent-diagnosis/palliative-care-end-of-life-care	Free	Reading
Learning Disabilities Awareness	Secondary	https://www.skillsplatform.org/courses/2753-learning-disabilities- awareness? ga=2.72112474.859182633.1582120390-1683584990.1582120390	£11	Completion Certificate
Sight loss	Additional	RNIB – e-learning package for supporting blind/partially sighted customers Enquire: Vicky.Johnson@rnib.org.uk	Free	Course Completion (1 hr)

Autism	Additional	Understanding Autism: <a href="https://www.futurelearn.com/courses/autism?utm_campaign=Share%20Links&amp;utm_medium=futurelearn-end_of_week&amp;utm_source=facebook&amp;fbclid=IwAR3bidF0PDdI6xLIp9BSLrhdhTYeC7Ef_ShRkTYmRRainUI6Zmu8lz4J-Ws">https://www.futurelearn.com/courses/autism?utm_campaign=Share%20Links&amp;utm_medium=futurelearn-end_of_week&amp;utm_source=facebook&amp;fbclid=IwAR3bidF0PDdI6xLIp9BSLrhdhTYeC7Ef_ShRkTYmRRainUI6Zmu8lz4J-Ws</a>	Free	Completion Certificate
	Secondary	4-day courses: <a href="https://health-coachingacademy.com/">https://health-coachingacademy.com/</a> <a href="https://tpchealth.com/">https://tpchealth.com/</a>	Enquire	Course completion
Health Coaching (all endorsed by Personalised Care Institute)	Secondary	2 day courses: https://health-coachingacademy.com/ https://www.peakhealthcoaching.com/ https://tpchealth.com/ https://osca.co/ https://www.firstcontactclinical.co.uk/ https://www.undividedtraining.co.uk/	Enquire	Course completion
	Secondary	<ul> <li>https://www.minded.org.uk/</li> <li>Impacts of mental disorder and wellbeing</li> <li>Effective public mental health interventions</li> <li>Public mental health implementation gap and how to assess this</li> <li>How to improve population access to public mental health interventions.</li> </ul>	Free	Completion Certificate
	Secondary	List of Mental Health Training on E-learning: <a href="https://future.nhs.uk/socialprescribing/view?objectId=82287141">https://future.nhs.uk/socialprescribing/view?objectId=82287141</a>	Free	Completion Certificate
	Secondary	Mental Health First Aid – enquire locally for provider/funding details (often available through local authority)  MHFA England - <a href="https://mhfaengland.org/">https://mhfaengland.org/</a>	Variable	Completion Certificate
Mental Health	Secondary	Psychological first aid for Covid-19: https://www.futurelearn.com/courses/psychological-first-aid-covid-19/1	free	Completion Certificate
	Additional	https://www.ukcoaching.org/courses/learn-at-home/mental-health-awareness-for-sport-and-physical-act	£18	Completion Certificate
	Additional	Psychology & Mental Health Courses: <a href="https://www.futurelearn.com/subjects/psychology-and-mental-health-courses">https://www.futurelearn.com/subjects/psychology-and-mental-health-courses</a>	Free	Completion Certificate
	Additional	CPD Accredited Complicated Matters – Experiences of Domestic/Sexual Violence, Substance Use & Mental Distress <a href="https://avaproject.org.uk/events/cpd-accredited-online-interactive-training-complicated-matters-experiences-of-domestic-sexual-violence-substance-use-mental-distress/">https://avaproject.org.uk/events/cpd-accredited-online-interactive-training-complicated-matters-experiences-of-domestic-sexual-violence-substance-use-mental-distress/</a>	Free	Completion Certificate

	Additional	Trauma, bereavement and mental health online training for Link Workers <a href="https://www.eventbrite.co.uk/e/trauma-bereavement-and-mental-health-online-training-for-link-workers-tickets-151476537401">https://www.eventbrite.co.uk/e/trauma-bereavement-and-mental-health-online-training-for-link-workers-tickets-151476537401</a>	£105.53 – £126.73	Completion Certificate
	Additional	https://www.e-lfh.org.uk/programmes/suicide-prevention/	Free	Completion Certificate
Suicide Awareness	Additional	https://www.zerosuicidealliance.com/training	Free	Completion Confirmation
Applied Suicide Intervention Skills Training (ASIST)	Additional	https://www.prevent-suicide.org.uk/training-courses/asist-applied-suicide-interventions-skills-training/	Variable	Completion certificate
Personality Disorders	Additional	http://www.social-care.tv/courses/course-details/1016	£1.49	Reading
Self-Harm	Additional	http://www.social-care.tv/courses/course-details/1002	£1.49	Reading
Eating Disorder	Additional	http://www.social-care.tv/courses/course-details/1020	£1.49	Reading
	Additional	https://www.beateatingdisorders.org.uk/training-cpd (Currently on hold due to Covid-19)	ТВС	Course
Addiction				
Alcoholism	Secondary	https://www.nhs.uk/live-well/alcohol-support/	Free	Reading
Substance Misuse	Secondary	https://www.nhs.uk/live-well/healthy-body/drug-addiction-getting-help/	Free	Reading
Gambling	Additional	https://www.nhs.uk/live-well/healthy-body/gambling-addiction/	Free	Reading
Smoking	Secondary	https://www.nhs.uk/smokefree/help-and-advice	Free	Reading
	Additional	https://elearning.ncsct.co.uk/vba-launch	Free	Completion Confirmation
Smoking in Pregnancy	Additional	https://www.nhs.uk/start4life/pregnancy/smoking/	Free	Reading

Children / Young people				
Child oral health	Additional	https://portal.e-lfh.org.uk/Component/Details/587510	Free	Completion Certificate
Childhood obesity	Additional	https://portal.e-lfh.org.uk/	Free	Completion Certificate
Best start in life	Additional	https://www.england.nhs.uk/ltphimenu/children-and-young-people/best-start-in-life/	Free	Reading
Introductions to Adverse Childhood Experiences	Additional	https://www.acesonlinelearning.com/	Free	Completion Certificate
Equalities				
Vulnerable People	Additional	https://www.e-lfh.org.uk/programmes/social-prescribing/	Free	Completion Certificate
Modern Slavery	Additional	https://www.open.edu/openlearn/people-politics-law/the-law/modern-slavery/content-section-0?active-tab=description-tab	Free	Completion Certificate
Awareness & Inclusivity	Additional	https://thecpsu.org.uk/im-involved-e-learning-course/	Free	Completion Confirmation
LGBT	Additional	http://lgbt.foundation/piptrainingacademy?fbclid=IwAR2HO5emze0Cuq9D7nbQ7-IQ12RyuQvCUAhDqKE50cRqVxREM7zhX6QaiU	Free	Completion Certificate
Carers	Additional	https://www.carersweek.org/about-us/about-caring	Free	Reading
	Additional	Understanding Hate Crime: <a href="https://www.reporthatenow.com/elearning">https://www.reporthatenow.com/elearning</a>	Free	Completion Confirmation
Hate Crime	Additional	Stop Hate UK Training services (range of training available for different organisations): <a href="https://www.stophateuk.org/stop-hate-uk-training-services/">https://www.stophateuk.org/stop-hate-uk-training-services/</a>	Enquire for costs	Completion Certificate
Deep End	Additional	This series of workshops explores challenges faced by those working in deprived communities and focuses on practical ways to effect change: <a href="https://www.eventbrite.co.uk/e/deep-end-nw-london-tickets-124518144121?aff=ebdsoporgprofile">https://www.eventbrite.co.uk/e/deep-end-nw-london-tickets-124518144121?aff=ebdsoporgprofile</a>	Free	Completion Certificate (TBC)

Lifestyle (Find out local groups through your voluntary sector provider)					
Healthy Eating & Nutrition	Additional	https://www.nhs.uk/live-well/eat-well/	Free	Reading	
Weight Management	Additional	https://www.nhs.uk/live-well/healthy-weight/start-the-nhs-weight-loss-plan/	Free	Reading	
Physical activity	Additional	https://portal.e- Ifh.org.uk/Catalogue/Index?Hierarchyld=0_43667_43679&programmeId=43667	Free	Reading	
Alcohol	Additional	https://portal.e-lfh.org.uk/	Free	Completion Certificate	
Alcohol	Additional	https://joinclubsoda.com/courses/how-to-change-your-drinking/	Free	Self- Assessment, Reading & Tips	
Safety & Wider Determ	ninants of Healt	:h			
	Additional	https://domesticviolenceuk.org/about/	Free	Reading	
Domestic Violence	Additional	https://www.e-lfh.org.uk/programmes/domestic-violence-and-abuse-e-learning-for-health-visitors-and-nurses/	Free	Completion Certificate	
	Additional	https://www.womensaid.org.uk/what-we-do/training/remote-training/	£75 for x3 sessions	Completion Certificate	
Domestic/Sexual Violence, Substance Use & Mental Distress	Additional	CPD Accredited Complicated Matters – Experiences of Domestic/Sexual Violence, Substance Use & Mental Distress <a href="https://avaproject.org.uk/events/cpd-accredited-online-interactive-training-complicated-matters-experiences-of-domestic-sexual-violence-substance-use-mental-distress/">https://avaproject.org.uk/events/cpd-accredited-online-interactive-training-complicated-matters-experiences-of-domestic-sexual-violence-substance-use-mental-distress/</a>	Free	Course completion	
Against Violence and Abuse	Additional	AVA offers a range of ways for you to learn more about gender-based violence and many related topics. <a href="https://avaproject.org.uk/training/">https://avaproject.org.uk/training/</a>	Variable	Variable	
	Primary	https://www.e-lfh.org.uk/programmes/safeguarding-adults/	Free	Completion Certificate	
Safeguarding	Additional	https://portal.e-lfh.org.uk/Component/Details/603643	Free	Completion certificate	
	Additional	https://www.england.nhs.uk/safeguarding/nhs-england-safeguarding-app/	Free	Service / App	
	Additional	https://www.basw.co.uk/guidance-safeguarding-adults-during-covid-19	Free	Reading	

Benefits	Additional	https://www.gov.uk/browse/benefits Contact local council for more information about welfare and eligibility	Free	Reading
Debt	Additional	<ul> <li>https://www.capitalmass.org.uk/debt-financial-wellbeing/money-help-toolkit</li> <li>how to start conversations about money in your church and community</li> <li>running budgeting workshops online and offering people help with managing their money</li> <li>setting up free debt and money advice</li> <li>helping with those struggling to apply for Universal Credit and navigating the benefit system</li> <li>simple ideas to encourage people to save including setting up saving circles in church</li> <li>tackling those who lend money illegally and raising awareness of loan sharks</li> <li>offering small emergency funds for people in financial crisis in partnership with Acts 435</li> <li>Where to refer on for more help than you can give</li> </ul>	Free	Reading, Watching & Resources
Welfare advice and money debt management for SPLWs	Additional	https://www.eventbrite.co.uk/e/social-prescribing-introduction-to-social-welfare-advice-welfare-benefits-tickets-129896819885 3 x half day sessions	£115 - £145 inc VAT	Live sessions + Completion certificate
Housing Housing	Additional	<ul> <li>Range of modules advertised on NHAS training portal (face to face and online)</li> <li>Awareness Level courses are for non-housing professionals working with people presenting with housing or homelessness issues.</li> <li>Level 1 is for new housing professionals but can be useful for anyone whose role involves proactive support and assistance to those with a housing or homelessness problem</li> <li>You will need to sign up to training portal (accessplanit): <a href="https://www.nhas.org.uk/training/nhas-free-training">https://www.nhas.org.uk/training/nhas-free-training</a></li> </ul>	Free to SPLWs	Completion Certificate
	Additional	https://www.health.org.uk/infographic/how-does-housing-influence-our-health Contact your local council housing officer or housing provider to find support for someone	Free	Reading
Hoarding	Additional	https://www.nhs.uk/conditions/hoarding-disorder/	Free	Reading
Homelessness	Additional	https://portal.e- Ifh.org.uk/Catalogue/Index?Hierarchyld=0_43667_43679&programmeId=43667	Free	Completion Certificate

### **FutureNHS COLLBORATION PLATFORM & NHSE WEBINARS**

NHSE invite SPLWs to a themed, live webinar every fortnight, and upload the recording and the slides with links to the resources discussed during the session. Sign up or login to the FutureNHS Collaboration platform via this link: <a href="https://future.nhs.uk/system/home">https://future.nhs.uk/system/home</a>

Introduction to the FutureNHS social prescribing	Jun 21: https://future.nhs.uk/socialprescribing/view?objectID=28995440
collaboration platform	23 22p.2., ,
Culturally Competent Practice	Jun 21: https://future.nhs.uk/socialprescribing/view?objectID=28785776
Children and Young People's Social Prescribing and the role of Link Workers	Jun 21: https://future.nhs.uk/socialprescribing/view?objectID=28470096
Problematic Gambling and its Effects	May 21: https://future.nhs.uk/socialprescribing/view?objectID=28057488
Mental health, loneliness and connecting with community assets	May 21: https://future.nhs.uk/socialprescribing/view?objectID=27898288
Tailoring Conversations	Apr 21: https://future.nhs.uk/socialprescribing/view?objectID=27978512
Health Inequalities	Apr 21: https://future.nhs.uk/socialprescribing/view?objectID=27675952
Helping people to recover from long COVID	Mar 21: https://future.nhs.uk/socialprescribing/view?objectID=26683888
Looking after your wellbeing	Mar 21: https://future.nhs.uk/socialprescribing/view?objectID=26343216
Supervision and support for SPLWs	Feb 21: https://future.nhs.uk/socialprescribing/view?objectID=26051088
Digital Inequalities and Inclusion	Jan 21: https://future.nhs.uk/socialprescribing/view?objectID=25451632
Using data to target health inequalities	Dec 20: https://future.nhs.uk/socialprescribing/view?objectID=24437936
New Social Prescribing Link Workers	Nov 20: https://future.nhs.uk/socialprescribing/view?objectID=24227440
Keeping physically active	Nov 20: https://future.nhs.uk/socialprescribing/view?objectID=23871152
Additional roles in primary care	Nov 20: https://future.nhs.uk/socialprescribing/view?objectID=23594960
Loneliness and social isolation	Oct 20: https://future.nhs.uk/socialprescribing/view?objectID=23594960
Safeguarding during covid	Oct 20: https://future.nhs.uk/socialprescribing/view?objectID=23093648
Supporting people to recover from covid	Sep 20: https://future.nhs.uk/socialprescribing/view?objectID=22633104
Connecting people to the Arts	Aug 20: https://future.nhs.uk/socialprescribing/view?objectID=22330800
Children and young people	Aug 20: https://future.nhs.uk/socialprescribing/view?objectID=22103856

Supporting financial management through social prescribing	Jul 20: https://future.nhs.uk/socialprescribing/view?objectID=21756912
Accessing nature and green spaces remotely	Jul: https://future.nhs.uk/socialprescribing/view?objectID=21492752
Unemployment and supporting people to work	Jul 20: https://future.nhs.uk/socialprescribing/view?objectID=21262160
Health coaching for SPLWs	Jun 20: https://future.nhs.uk/socialprescribing/view?objectID=20937936
Food poverty	Jun 20: https://future.nhs.uk/socialprescribing/view?objectID=20681776
Bereavement support	May 20: https://future.nhs.uk/socialprescribing/view?objectID=20412432
Suicide awareness and safeguarding	May 20: https://future.nhs.uk/socialprescribing/view?objectID=20189488
Working with local authority hubs	Apr 20: https://future.nhs.uk/socialprescribing/view?objectID=19548080
Making every contact count	Jan 20: https://future.nhs.uk/socialprescribing/view?objectID=18061552

#### LONDON REGIONAL LEARNING COORDINATOR'S PEER LEARNING SESSIONS

London RLC invites SPLWs to a themed Peer Learning Session every month, and upload the recording and the slides with links to the resources discussed during the session. Sign up or login to the FutureNHS Collaboration platform via this link: <a href="https://future.nhs.uk/system/home">https://future.nhs.uk/system/home</a>

Motivational Interviewing for SPLWs	Jun 21: https://future.nhs.uk/socialprescribing/view?objectId=21920560
Developing Social Prescribing Allies within your PCN	May 21: <a href="https://future.nhs.uk/socialprescribing/view?objectID=21920560">https://future.nhs.uk/socialprescribing/view?objectID=21920560</a> or <a href="https://www.youtube.com/watch?v=J52eKGAlt6E">https://www.youtube.com/watch?v=J52eKGAlt6E</a>

London Regional Training					
Provider	Details of training available	Cost	Completion		
GENERAL					
Local Colleges	Check out your local college for details of CPD opportunities/qualifications available	Variable	Variable		
Citizens Advice	Enquire locally	Variable	Variable		
Local Authority	Enquire locally	Variable	Variable		

Local Public Health Branch	Enquire locally	Variable	Variable
Local charities and voluntary Organisations	Enquire locally	Variable	Variable
Ideas Alliance	Asset-Based Approaches: https://ideas-alliance.org.uk/	£1200	Course Completion
Waypoint	Solution Focused Practice, Motivational Interviewing and Mentoring	Variable	Course Completion
PCC	https://www.pcc-cic.org.uk/ - specific and commissioned developmental training available  E-learning courses available:  - Building resilience for professional success  - Communicating for professional success  - Grammar and effective writing  - Leadership skills  - Managing change  - Managing workload  - Presentation skills	Variable	Completion certificate

Training Databases				
Provider	Details of training available	Cost	Completion	
GENERAL				
Health Education England E-Learning	e-LfH is now in the process of delivering or developing more than 400 e-learning programmes in collaboration with organisations including Royal Colleges, Department of Health and Social Care, NHS England and NHS Improvement and Public Health England. <a href="https://www.e-lfh.org.uk/">https://www.e-lfh.org.uk/</a>	Free	Completion Certificate	
Rightsnet	Find details of the latest training courses, seminars, workshops and conferences from some of the best advice providers across the UK.  https://www.rightsnet.org.uk/training-and-events#	Variable	Variable	