



**Healthy London  
Partnership**

# **London Transformation Plan Refresh 2018-19 Resource**

## Child and Adolescent Mental Health Services (CAMHS)

Supported by and delivering for:



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London's NHS organisations include all of London's CCGs, NHS England and Health Education England

# Contents

## Background

**CCG Improvement and Assessment Framework: Guidance for children and young people's mental health and wellbeing and lines of enquiry**

## Key Lines of Enquiry (KLoE)

### **Appendices – other useful information/resources:**

- NHS England (National Mental Health Team) update (Aug 18)
- NHS England (National Mental Health Team) update (Jul 18)
- NHSGo update

# Background

- There is **no specific guidance on format** although this year the KLoEs specifically mentions what should be included in the **executive summary**:
  - What had the LTP delivered in 2017/18?
  - What will the LTP deliver in 2018/19?
  - What are the risks, issues and mitigations for 2018/19?
- There is a **Key Lines of Enquiry (KLoE) self-assessment spread sheet** to support your planning and judgement on assurance. This has been circulated by the NHS England (London region) Commissioning Operations' office. **Use this as a checklist.**
- **Refresh and publication (on CCG website) expected by 31/10/18.**
- **Submit to NHS England Commissioning Operations for assurance.**
- Assurance is part of mainstream assurance through CCGIAF which mirrors financial allocation.

# Background

Major public interest/further analysis on CYP MH transformation/how the money is being spent:

- *National Audit Office review (2018)*
- [Education Policy Institute's report on performance of NHS in transforming CYP MH \(Mar 17\)](#)
- [Education Policy Institute's report on Inpatient Provision for CYP with MH problems \(Jul 17\)](#)
- [Education Policy Institute report on access and waiting times \(Sept 2017\)](#)
- [Education Policy Institute's report on online mental health support for young people \(Nov 17\)](#)
- [CQC report on the state of care in mental health services 2014-2017](#)
- [CQC thematic review report \(Oct 17\)](#)
- [CQC We Are Listening: a review of children and young people's mental health services](#)
- [Millennium cohort study - Mental ill-health among children of the new century \(Sept 2017\)](#)
- [NSPCC – Transforming mental health services for children who have been abused - review of LTP refresh 16/17 \(Dec 2017\)](#)
- [Young Minds' analysis of local health and care plans](#)

# CCG Improvement and Assessment Framework

Guidance for children and young people's mental health and wellbeing and lines of enquiry

**Revised CCG IAF technical annex - November 2017:**

<https://www.england.nhs.uk/wp-content/uploads/2017/11/ccg-technical-annex-2017-18-v1-4.pdf>

**Key indicators for children and young people's mental health and wellbeing include:**

123c. People with first episode of psychosis starting treatment with a NICE recommended package of care treated within 2 weeks of referral

123d. Children and young people's mental health services transformation

123e. Mental health crisis team provision

123c. People with first episode of psychosis starting treatment with a NICE recommended package of care treated within 2 weeks of referral

[www.england.nhs.uk/commissioning/wp-content/uploads/sites/12/2017/07/ccgiaf-tech-annex-1617.pdf](http://www.england.nhs.uk/commissioning/wp-content/uploads/sites/12/2017/07/ccgiaf-tech-annex-1617.pdf)

**Expectations are therefore...**

**Key Lines of Enquiry:**

# Needs, vision and delivery

- You have described what's working well and have clearly set out improvements made.
- What has the LTP delivered during 15/16, 16/17, 17/18 and the first half of 18/19?
- Is the LTP on track to deliver objectives within the plan?
- There is a thread from vision to deliverables.
- You have reconsidered your vision for 2021.
- You have considered sustainability of plan/continued transformation going beyond 2021.
- You can say how you'll know you've made a difference to outcomes and by when.
- You have detailed the output, outcome and impact of delivering the LTP.
- What have the challenges been and how are you going to adjust the LTP for challenges?
- How has multi-agency working improved via transformation?
- You updated your needs assessment? You can describe what has this years JSNA added and how was it adapted. [PHE JSNA Mental Health resource](#) (Published Aug 17)
- An example of a exemplar JNSA is [Derby](#) (published Nov 17)
- You can detail how you have engaged with CYP to determine need.
- You will have outlined other information on needs you sought, found and used.
- Is there alignment across system wide initiatives? (e.g. LTP, STP, TCP, FYFVMH, NMoC)

# Financial delivery

<b>FYFV MH funding allocations</b>	<b>2016/17</b>	<b>2017/18</b>	<b>2018/19</b>	<b>2019/20</b>	<b>2020/21</b>
Eating disorders - £m	30	30	30	30	30
CAMHS transfer out to CCGs - £m	119	140	170	190	210
Total (cumulative per FYFV MH implementation plan) - £m	149	170	200	220	240
Growth - £m	149	21	30	20	20

*Note: a non-recurrent CYP allocation adjustment of £105m (including eating disorders) was made in 2015/16, the 2016/17 adjustment was made recurrently*

## **CCG breakdown of transformation funding allocation**

The table on the next slide provides a breakdown of the FYFV MH funding allocations for each CCG. This breakdown was circulated by NHSE and additionally by HLP CYP Programme in April 18.

Each CCG has agreed to meet the Mental Health Investment Standard so the LTP should explain (**with a full breakdown and transparency**):

- How has your CCG used the LTP allocation during 15/16, 16/17, 17/18
- How your CCG plans to spend the LTP allocation during 18/19 How your CCG plans to use the LTP allocation beyond 18/19?
- What has the additional money delivered? Is it explicitly clear?
- How the Health and Wealth Being Board has received reports on resource allocation so that it can gain assurance that expenditure is directed to need and as planned?

## **Other:**

- Since risks include use of this funding to replace other NHS or local authority budgets – high level of scrutiny expected at all levels? Have you got this on your risk register and can you say how you are managing/mitigating the risk?

# Financial Delivery

Indicative split of additional CYPMH allocations	2016-17	2017-18	2018-19	2019-20	2020-21	2016-21
	In year total additional CYPMH in allocation	Eating Disorder funding				
CCG	£000	£000	£000	£000	£000	£000
NHS Barking and Dagenham CCG	554	79	114	76	77	112
NHS Barnet CCG	967	137	197	132	133	195
NHS Bexley CCG	619	88	126	84	85	125
NHS Brent CCG	859	121	173	115	115	173
NHS Bromley CCG	890	126	180	121	121	179
NHS Camden CCG	749	104	145	94	92	151
NHS City and Hackney CCG	781	110	158	106	106	157
NHS Croydon CCG	986	140	201	135	136	199
NHS Ealing CCG	1,004	142	202	135	135	202
NHS Enfield CCG	815	116	166	112	113	164
NHS Hounslow CCG	697	99	142	95	96	140
NHS Greenwich CCG	759	107	154	103	103	153
NHS Hammersmith and Fulham CCG	547	76	107	71	71	110
NHS Haringey CCG	727	103	147	98	99	146
NHS Harrow CCG	593	84	121	81	82	119
NHS Havering CCG	722	103	148	100	100	145
NHS Hillingdon CCG	725	103	148	99	100	146
NHS Islington CCG	691	98	141	94	94	139
NHS Kingston CCG	459	65	93	63	63	92
NHS Lambeth CCG	954	134	192	128	128	192
NHS Lewisham CCG	856	121	174	116	116	172
NHS Newham CCG	884	125	180	120	120	178
NHS Redbridge CCG	709	101	145	98	99	143
NHS Richmond CCG	477	67	97	65	64	96
NHS Southwark CCG	832	118	169	113	112	167
NHS Merton CCG	502	71	102	68	68	101
NHS Sutton CCG	494	70	100	67	67	99
NHS Tower Hamlets CCG	746	106	153	103	103	150
NHS Waltham Forest CCG	715	101	145	97	97	144
NHS Wandsworth CCG	864	122	174	116	116	174
NHS West London (K&C & QPP) CCG	747	103	144	94	92	150
NHS Central London (Westminster) CCG	564	78	109	71	70	114

**Note:** 2016/17 funding is recurrent in each year of transformation. Additional funding above shown in other columns is the uplift. Eating disorder funding included in 2016/17 allocation above and therefore recurrent.

# Governance and engagement

- There is a true multiagency structure and it is senior enough.
- The governance bodies receive and consider reports from e.g. MHSDS & CYP IAPT?
- You can say what other KPIs are being considered
- The LTP refresh be signed off by the Health and Wellbeing Board and other relevant partners such as schools and colleges, specialised commissioning, health in the justice, local authorities etc.
- It is easily accessed, visible accessible on-line and easy to understand and in a suitable format for CYP.
- You have tracking milestones in your plan.
- A brief report on the work and development in governance is anticipated including to HWB and CCG governing bodies; an update on engagement with CYP, schools too.
- You can demonstrate specifics of how this engagement has supported needs assessment, planning, delivery, audit and evaluation.
- You can ensure you've addressed how CYP/families/carers are going to be involved in decision making at every level, from their own care to service design and evaluation"
- You can describe how you are communicating news of the refresh. In schools? Through stakeholder groups?
- Outline your communication plan.
- NHS Specialised Commissioning, Health in the Justice System and Transforming Care Programme are part of your governance structure.

Useful links/resources:

<https://youngminds.org.uk/what-we-do/our-projects/amplified/>

[Co-production in MH commissioning pilot overview and resources](#)

# Supporting vulnerable children and young people

## Your plan is comprehensive and includes:

- prevention
- early help with local authorities
- scheduled care
- crisis care
- inpatient care (aligned with collaborative commissioning plan)

## You have said how you are using this to address inequalities and supporting the most vulnerable such as:

- CYP in the justice system
- CYP with ASD/LD and how you are addressing these issues for CYP in Transforming Care Programme
- LAC
- Those CYP with conduct disorders/ADHD

## Consider:

- [NSPCC Case review published in 2016](#), in [2017](#) and in [2018](#).
- [House of Commons Education Committee – MH and WB of LAC](#)
- [What works in preventing and treating poor mental health in LAC \(NSPCC - 2014\)](#)
- [Achieving emotional wellbeing for LAC \(NSPCC - 2015\)](#)
- [LAC: Knowledge, skills and competencies of health care staff \(RCPCH – 2015\)](#)
- [Social Care Institute for Excellence – Improving mental health support for CYP report \(2017\)](#)
- [Developing support and services for CYP with a learning disability, autism or both \(NHSE 2017\)](#)

# Workforce

- You have developed a workforce plan with Local Workforce Action Board/HEE/STP.
- You are able to describe your current workforce WTEs and role-mix.
- You are able to state how many additional WTEs, of what role are/will be in place; when and where? Does this go down to working with local schools as a source of future workforce?
- You can show how you are supporting role development.
- You can state explicitly if/how you are supporting CYP-IAPT with LTP funding.
- You can reference STP CYP IAPT training overview reports circulated to CCGs (by CYPIAPT) in June 18.
- You are on plan to appoint your share of the 1,700 (WTE) new staff, and the 3,400 existing staff being, trained in evidence based treatments expected nationally (Future In Mind)
- You are on plan to appoint your share of the [‘Stepping Forward to 2020/21’](#) targets expected nationally
- Acknowledgement given to the withdrawal of salary support funding rates from CYP-IAPT central funding budgets and how you aim to fill the gap. Sustainability plan in place and logged **on risk register**.
- Support and retention for Child Wellbeing Practitioner and Recruit to Train new roles – commitment to retain in post following training (add to risk register).
- There is a clear plan for salary support and training that can be tracked and monitored that has been agreed with the CYP-IAPT learning collaborative and you are on plan for your share of the extra 3,400 staff being training nationally.
- A key risk is lack of suitably trained staff and heavy demand – need to say how you are experiencing this, actions you are taking and help you need.
- There are arrangements in place to train the wider workforce regarding emotional wellbeing and mental health. Specifically, are there plans in place regarding training for staff employed within schools and colleges?

## Potential resources

- You and partners have used the [HLP CYP Mental Health Training Resource Compendium](#) to access mental health training available.
- *Using CYP IAPT to build workforce capacity and capability:*
  - [CYP Wellbeing Practitioner \(CWP\) Programme – Expressions of interest for Cohort 3 \(2019/20\)](#)
  - [Recruit to Train Information \(2019/2021\)](#)
- [Workforce Repository and Planning Tool](#)
- [CAMHS integrated workforce planning tool](#)
- [NHSE Dynamic Modelling Tool](#)
- [HLP guide to system dynamic modelling 2016](#)
- Presentation pack from HLP CYP MH Shared Learning Event (Jul 18) – Workforce breakout session which includes presentations about We Can Talk, CYPIAPT, Kooth (Lewisham) and Brighter Futures (Ealing) – available upon request.

# Access and activity

- You can report your increase in access to “typically defined” CAMHS services – nationally an additional 70,000 CYP receiving care; access up from 25-35% by 2021; are you on trajectory?
- If not on trajectory you can give an overview of your recovery plan submitted to NHSE (London region).
- You can report your MHSDS data and SCDS (one off data collection) data.
- You can report waiting times of your providers and trends; how are you responding with your LTP.
- You can report how funding to improve waiting times in previous years has led to continued reduced waiting times.
- You can report on waiting times for assessment and waiting times to commence treatment.
- You can state what arrangements are in place to support CYP while they are awaiting treatment.
- You can report how you have used demand and capacity tools to review efficiency of pathways.
- You can say whether providers (NHS and non-NHS) are reporting properly on Mental Health Service Data Set and any actions taken or planned to improve gaps and to what extent providers adequately training and supporting staff to collect, flow and use outcome data.
- You can describe how are you using new models and digital access and what degree of reach are you getting that shows population reach beyond the 1<sup>st</sup> bullet point above.
- You can say how you are supporting self-referral, including for eating disorders.

## Resources

- Healthy London Partnership’s CYP Programme is developing a report to highlight positive practice and key learning from areas meeting the mental health access targets, and this will be circulated shortly.
- Flowing data to the MHSDS Support Workshop (May 18)– Voluntary Sector Organisations and Brandon Centre case study (available upon request)

# Data and information

## Resources

- [A guide to available datasets and reports on children and young people's mental health and wellbeing](#)
- [Using Clinical Outcomes for Service Improvement – A Guide for Commissioners](#)
- [London Mental Health Dashboard](#) (LMHD)– contact [andy.martin3@nhs.net](mailto:andy.martin3@nhs.net) for login details.
- For LAS borough data – contact [Briony.Sloper@lond-amb.nhs.uk](mailto:Briony.Sloper@lond-amb.nhs.uk)

The LMHD currently contains 16 CYPMH metrics:

### CCG breakdown:

- Prevalence of any MH disorder
- Prevalence of conduct disorders
- Prevalence of emotional disorders
- Prevalence of hyperkinetic disorders
- Routine eating disorder treatment data
- Urgent eating disorder treatment data
- Hospital admissions for MH conditions
- Self-Harm (10-24 years) hospital admissions

### Trust breakdown:

- Referrals received
- Referrals accepted
- Acceptance rate
- Contacts
- Routine eating disorder treatment data
- Urgent eating disorder treatment data
- CAMHS DNA rate
- CAMHS Community Workforce

### London Ambulance Service all age metrics included:

- Mental health calls (and in time series format)
- Mental health incidents (and in time series)
- Mental health calls treat via phone
- S136 incidents

Healthy London Partnership is working with Specialised Commissioning to flow data to the LMHD. Data will be for each service line (6) and will be broken down by CCG and Provider to include: occupied bed days, occupied bed days (London), beds used, beds used (London), bed days used at 85% occupancy and average length of stay. Specialised Commissioning have provided STP Tier 4 data packs for the LTP 15 refresh.

# Data and information

## Resources

- [Mental Health Services Monthly Statistics \(Jun 18\)](#)
- [Mental Health FYFV Dashboard](#)
- [CYP MH data low webinar](#)
- [CORC](#)
- [NHS Benchmarking – CAMHS Benchmarking 2016](#)
- [NHS Benchmarking – CAMHS Benchmarking 2017](#)

# Eating Disorders

## Community Eating Disorder Service (CEDS)

- There is at least a clear baseline on activity and is it now being tracked and monitored?
- Can you report on trends against waiting times standards?
- You have used the information contained within the baseline self-assessment template against the [Access and Waiting Time Standard](#) undertaken by each CEDS in London to review/plan future CEDS transformation.

**Note: Use self assessment summary report circulated by Healthy London Partnership.**

- Your plan addresses the barriers and challenges faced in delivering a service which is compliant with all of the Access and Waiting Time Standard (self-assessment).
- You can demonstrate your CEDS meet the [NICE eating disorders: recognition and treatment guidance](#) (May 2017).
- You can demonstrate how the additional eating disorder funding has been used to deliver service improvements in meeting the Access and Waiting Time Standard/FYFVMH targets (performance next slide).
- You can demonstrate, through data, the impact of the community eating disorder service on use of inpatient CYP MH beds.
- The service is part of the national QNCC ED Network and has been peer reviewed, resourced from LTP if needed. There are three membership options:
  - Self review only (£995 +VAT)
  - Peer review (£2495 + VAT)
  - Accreditation review (£2495 + VAT) – only once peer review undertaken

**Note: If you would like to find out more about the QNCC ED Network please contact: [QNCC@rcpsych.ac.uk](mailto:QNCC@rcpsych.ac.uk)**

- As of June 18 the following CEDS were part of the QNCC ED network:
  - CNWL (peer reviewed June 2017)
  - ELFT – self review only
  - NELFT – self review only
  - SLAM have signed up for QNCC ED Network peer review membership (August 18)

# Eating Disorders

*Evidence-based community eating disorder services for CYP will be in place in all areas, ensuring 95% of children in need receive treatment within one week for urgent cases, and four weeks for routine care.*

	Rolling 12 months to Q4 17/18	
	Urgent - % within 1 week	Routine - % within 4 weeks
England	75.00%	81.07%
London	85.16%	83.68%
NWL	88.00%	82.98%
NCL	96.77%	96.58%
NEL	71.74%	81.87%
SEL	90.00%	75.92%
SWL	84.00%	87.88%

Data from London Mental Health Delivery Dashboard – July 2018

## England baseline Q1 16/17:

Urgent – 64.85%

Routine – 65.14%

## London baseline Q1 16/17:

Urgent – 61%

Routine – 71%

*Note: Data does not take into consideration private provider referrals.*

# Collaborative Commissioning

## Collaborative Commissioning (Tier 3/4)

- Do you have a handle on out-of-area placements (number, reason, duration & effective discharge & return)?
- Do you aim for joint plans for a local integrated pathway for CYP requiring beds that include plans to support crisis, admission prevention and support appropriate and safe discharge?
- Do you have, or are you currently developing collaborating commissioning networks with Health and Justice/Specialised Commissioning to develop pathways for the services they directly commission?
- Evidence of Co-working with Transforming Care Programme and looking at CYP?
- Include transformation achieved from NMoC (NWL and South London)
- What impact has your CCG LTP had on delivering more early help, prevention and community care to reduce the demand on need for Tier 4 beds?
- Use the STP data packs provided by Specialised Commissioning to give an overview of Tier 4 bed admissions for your CCG and how this compares to previous years.
- Collaborative commissioning with partners in preventative resources and services, for example services within schools and colleges.
- Mapping of services offered within early help and schools has been undertaken or is planned within the coming year.

## Collaborative Commissioning Plan with Specialised Commissioning

- What progress has been made in delivering against action plan?
- What challenges have been identified and how will these be addressed?
- How has the plan aligned with the CAMHS Tier 4 review and NMoC sites identified?

## National Tier 4 CAMHS review – accelerated bed roll out (London)

- What impact has this had on CYP in your CYP?

# Crisis care, HBPoS and EIP

## Crisis care

- You have undertaken a baseline self-assessment against [Improving care for children and young people with mental health crisis in London](#) (mental health crisis guidance published Oct 2016)
- You have developed an implementation plan for implementing the recommendations contained within the Guidance above.
- How has your plan been amended to take into consideration findings from Healthy London Partnership's CYP Programme peer review of your local mental health crisis pathway in 2017 or 2018?
- Your CCG and provider have undertaken the national Urgent and Emergency Mental Health for CYP Intensive Community survey.
- How has your plan been adapted to meet the London Mental Health Compact published?

## HBPoS

- Was your STP area successful with their HBPoS or BPoS bid?
- If not what is the plan B for providing appropriate HBPoS for your local population?

## EIP

- Does your plan include EIP, especially around transition age?
- Has your CAMHS provider taken part in the CCQI EIP national audit (to our knowledge only Oxleas have) and do they meet the EIP standards?

## Useful resources

- Crisis presentations at Healthy London Partnership's CYP Mental Health Shared Learning Event (Jun 18) – North Lincolnshire, HOPE Surrey, SLAM and Tavistock and Portman (available upon request).
- [Evaluation of SLAM Centralised HBPoS](#) – Nov 17
- CYPMH Urgent and Emergency Crisis Care National Audit – 2017

## Other useful resources

- Presentations from Primary and Community Care and Reducing Stigma break out sessions at the Healthy London Partnership CYP Mental Health Shared Learning Event – Jun 18 (available on request)
- Work with schools and colleges. [Evaluation of Schools Link Pilots](#)
- [Promoting children and young people's emotional health and wellbeing: A whole school and college approach](#)
- [Post incident support pathways](#)
- [HQIP Suicide by CYP report](#) – July 2017
- [Local Government Association – Being mindful of mental health](#) report – June 2017
- [Thrive London](#)
- [Good Thinking](#)
- CYP UEMHC Vanguard Final Evaluation report

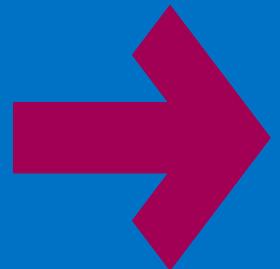
# Appendix

## Contents

- NHS England (National Mental Health Team) update (Aug 18)
- NHS England (National Mental Health Team) update (Jul 18)
- NHSGo update

# NHS England CYP MH Improvement Team Update Briefing

August 2018



# National Updates – Green Paper

## Green Paper- Team POC Sara Saunders

*Transforming Children and Young People’s Mental Health Provision: a Green Paper” consultation published 4<sup>th</sup> December. The Government published its response to the consultation on the 25<sup>th</sup> July :*

*<https://www.gov.uk/government/consultations/transforming-children-and-young-peoples-mental-health-provision-a-green-paper>*

The commitments set out in the consultation remained unchanged and we have now moved into implementation

- *Regions contacted 95 pre-selected CCGs on 25<sup>th</sup> July to invite them to submit an expression of interest by 17<sup>th</sup> September to deliver a mental health support team and/or a 4 week waiting time pilot*
- ***Regional and national support activities being planned and delivered – first national WebEx planned for 22<sup>nd</sup> August***

### **Next steps:**

- Plan the evaluation process for the EOI’s
- Plan and communicate about subsequent waves of trailblazers

## CYP Mental Health Improvement Team (MHIT) - Team POC – Michelle Place

- Initial discussions on current ways of working and alignment with STPs and wider regional landscape changes have been held with the CYP Delivery Group. We will keep you updated and involved in further progress
- Refreshing of the reporting template is underway . We will be engaging with you on this further in due course.
- Induction pack for CNs is currently underway. We will send out a proposal for you to comment on soon.
- MHIT National event London 3rd July – Thank you to all attended. It was a stimulating day and a great opportunity to come together to network and share good practice.
- Slides from the day and the option to feed back have been sent out to you. If you would like to feed back and/or suggest the topic for next year please contact [england.CYP-mentalhealth@nhs.net](mailto:england.CYP-mentalhealth@nhs.net)

## LTP Refresh

- LTPs are a key way of showing how Future in Mind is being delivered across local systems (NHS, LA, VCS etc.). We anticipate that the NAO will increase visibility of quality of assurance of LTPs.
- We will be exploring strengthening the LTP assurance process and will use the Delivery Group and Network meetings to discuss further
- Diary date: LTP Refresh deadline: 31<sup>st</sup> October 2018

# National Updates

## Commissioning Development – Team POC Aga Wojciechowska

- 111 commissioners completed the Children and Young People’s Mental Health and Wellbeing Commissioning Development Programme in 2017/18
- The evaluation report has been shared with you
- National team would like to make sure CN representatives are included in follow up discussions to agree the scope and approach for commissioning development support in 2018/19
- Colleagues who would like to get involved, please contact Aga Wojciechowska:  
[a.wojciechowska@nhs.net](mailto:a.wojciechowska@nhs.net)

## Urgent & Emergency MH Care - Team POC Aga Wojciechowska/Aghileh Djafari-Marbini

*FYFV Action: Commission 24/7 urgent and emergency mental health service for children and young people that can effectively meet the needs of diverse communities*

- **2<sup>nd</sup> National CYPMH UEC audit:** Data collection for 2018 CCQI audit now extended to 30<sup>th</sup> Aug:
  - CCG and provider returns (excluding Mids & East) very weak with no in-patient hub returns to date.
  - CNs asked to support targeted campaign to boost returns to an acceptable level.
  - Spec Comm are additionally requesting returns from all in-patient hubs.

**Please encourage CCGs and provider returns.**

- **Additional funding:** The report on regional use of short term funding in 17/18 is still being drafted

# National Updates



**Personalised Care - Team POC Aga Wojciechowska- [a.wojciechowska@nhs.net](mailto:a.wojciechowska@nhs.net)**

**Programme lead: Lizzie Streeter- [e.streeter@nhs.net](mailto:e.streeter@nhs.net)**

- 7 sites are delivering personal health budgets for different cohorts of looked after children and care leavers. NEW Devon, Islington, Birmingham, Nottinghamshire, Sheffield, Bristol, Gloucestershire.
- There are now 195 active PHBs across the sites. Case studies are available. Please contact Lizzie Streeter for more information and case studies- [e.streeter@nhs.net](mailto:e.streeter@nhs.net)

**Participation: Team POC Aga Wojciechowska- [a.wojciechowska@nhs.net](mailto:a.wojciechowska@nhs.net)**

**Project Manager YoungMinds: [Ruth.Sabella@youngminds.org.uk](mailto:Ruth.Sabella@youngminds.org.uk)**

Continued support offer from Amplified national programme for CYP IAPT Collaboratives (targeted consultation); for individual trailblazer sites (focus on vulnerable groups in Y1- list has been shared ); for CYP and parents/carers to get involved (digital networks, newsletters, social media drives and champions + advisors who work directly for Amplified).

- Amplified have been working with CNs since March onwards and have now spoken to all of the networks, with some firm clear support plans in place with most. Support for the next few months has been finalised. If you would like support going forward, please contact Ruth at Young Minds: [Ruth.Sabella@youngminds.org.uk](mailto:Ruth.Sabella@youngminds.org.uk)
- The Amplified Insights Survey is available on the YoungMinds website via the link below:

**<https://youngminds.org.uk/what-we-do/our-projects/amplified-programme/amplified-insights-survey/>**

CYP Access – Team POC Aga Wojciechowska:

*FYFV Commitment: “By 2020/21, at least 70,000 more children and young people should have access to high-quality mental health care when they need it.”*  
*Equates to 35% of CYP with a diagnosable MH condition, based on 2004 prevalence survey.*

- The SDCS collection has been published by NHS Digital. Results indicates that nationally 324,724 CYP accessed mental health services in 2017/18. Thank you for your hard work ! <https://digital.nhs.uk/data-and-information/publications/statistical/mental-health-services-monthly-statistics/mental-health-services-monthly-statistics-final-april-provisional-may-2018>
- The SDCS collection has also been published on NHS England website <https://www.england.nhs.uk/mental-health/cyp/>
- A Regional, STP and CCG level breakdown is available through your regional CYP MH leads and includes a more comprehensive list of providers not flowing to MHSDS. This information will support local recovery work and help identify areas for targeted support as there is still some worrying variation which we will need to address.
- **Claire Murdoch has written to Regional Directors** highlighting progress made to date whilst requiring assurance the issues highlighted are being addressed as a priority
- **Regional stock take meeting were held in July** to review SDCS finding, progress to date and agree actions to accelerate recovery. Progress being fed into Mental Health Performance and Delivery Group in August

**Local plans to improve data flow and a joint-up support offer are therefore still required. Team POC – Jessica Sharp & David Lockwood. Support includes:**

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- IST diagnostic reviews and wider work with sites identified in collaboration with DCOs/regions
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- Regularly-updated Q&A pack
- Webinar led by NHS Digital and Bromley Y, outlining available routes for small, independent and third sector providers to flow to the MHSDS – circulated
- **Information about the use of new Virtual Private Network (VPN) connections to the Health and Care Social Network (HCSN) as a low cost and effective option for flowing data – has been circulated [we will share with notes of this meeting]**
- **Two regions are exploring using CSUs to flow data on behalf on non connected providers (South and Mids & East)**

## **CYPMH Outcomes Metric**

- Data was shared with regional and clinical networks on 30<sup>th</sup> July alongside the draft FAQs, draft Technical Guidance and the link to the CORC outcomes measures survey.
- We have launched the future NHS collaborations platform. To join this network email [sally.milne@nhs.net](mailto:sally.milne@nhs.net) using the subject heading ‘CYP MH outcomes network’.
- Workshops at the clinical network level to ensure providers and commissioners know how to flow relevant data to the MHSDS, how to use the data to draw inferences, and continue to gather feedback on the metric and data are being offered.
- Please contact Sally (email above) to arrange the workshop for your area.

# National Updates



## **CQUIN Team POC Jessica Sharp: [Jessica.Sharp@nhs.net](mailto:Jessica.Sharp@nhs.net)**

- The provider level data and CQUIN analysis were recently circulated.
- Please commence conversations with local providers to offer support in improving against the CQUIN ahead of the next data submission at the end of Q2.
- National workshops to build awareness of the CQUIN components, highlight good practice, and provide some practical tips for improvement will be run. Your feedback on local issues will be helpful in ensuring that the webinar have the right focus.

## **National Audit Office (NAO) CYPMH Study – Team POC Fiona Abbey:**

- The NAO is undertaking a study of CYPMHS. The study is focused on looking at progress in implementing the strategy as set out in Future in Mind and the FYFV for MH. This will cover delivery of the strategy, spending and outcomes to date.
- The NAO has been collecting information and evidence from the CYPMH national team, regional teams and local areas since April.
- Emerging findings will be shared with us summer 2018, with the final report due to be published in October 2018.

# National Updates: Other Workstreams



## **Mental Health Services and Schools Link Programme 2017-18– Team contact Jessica Sharp**

- DfE and the Anna Freud National Centre are leading a project to improve the understanding of how schools and mental health services can work across settings to improve the support offer to CYP. This is an extension of the Wave 1 Mental Health and Schools Link Pilot and continues to build evidence of what works.
- Two workshops for participating sites:
  - CCG leads, LA leaders, school staff, NHS CYPMHS providers and community organisations working with CYP.

## **Modelling for Place Based Commissioning & CYP MH Crisis Services**

- South Central & West CSU and North of England CSU have worked with 8 areas to support them to model changes in the care offer in order to make best use of resources and better align their community offer to that of the inpatient setting.
- End of project report is completed. We will develop a key findings slide set and case studies to share to help support areas to use the system dynamic modelling tool

# National Updates: Other Workstreams

## Eating disorder programme: – Team point of contact Anne O’Herlihy:

- 70 community eating disorder teams completed the whole team training programme by March 2018.
- Clinical Networks for eating disorders are bringing together providers and commissioners to support implementation, review progress and data to improve quality.
- Data from the last quarter (Apr-Jun 18), show that 75% (n=219/293) started treatment within 1 week and 81% (n=1,243/1,530) started within 4 weeks. <https://www.england.nhs.uk/statistics/statistical-work-areas/cyped-waiting-times/>
- Areas report an increase in demand that needs to be matched by an increase in team capacity.
  - In 2016/17 over 5,200 started treatment
  - In 2017/18 over 6,800 started treatment with a further 600 still waiting to start treatment by the end of March 2018.

## CYP IAPT and workforce – Team POC – Anne O’Herlihy & Sara Saunders:

- Number of trainees starting courses in 2018 agreed
- Six CYP IAPT Learning Collaboratives – 131 CYP MH partnerships (NHS, LA, Vol.Sect, Youth Justice, Ed provider services) that cover 100% of 0-19 population.
- Working with HEE to support delivery of Well-being Practitioner for CYP Training and whole team training for inpatient CAMHS teams; contracts sent out to all collaboratives to deliver training in 2018
- **Please support all CCGs, Providers and Collaboratives to develop sustainable business plans for CPD as the programme moves from central support to business as usual from 2019.**
- Help plan for CYP MH transformation funds to be used to increase skills of existing and new workforce required to improve access to effective treatment and continue to embed CYP IAPT principles across teams .

## Health and Justice, Specialised Commissioning

### **WP1: Specialist Child and Adolescent Mental Health Services for High Risk Young People with Complex Needs (Community F:CAMHS)**

- All 13 services mobilising to deliver full service specification.
- Full service delivery for all services by October 2018.
- 2<sup>nd</sup> National FCAMHS Clinical Network 19<sup>th</sup> October
- Mobilisation updates being collated for up to date service delivery information.

### **WP3: Collaborative Commissioning Networks**

- 9/10 areas having mobilised or are mobilising services.
- Mobilisation timescales slipped on one remaining areas (Y&H), with mobilisation now estimated for Q2 2018/19.
- Next steps – collate qualitative information on the services that have mobilised, including case studies and examples of promising practice.
- Six-monthly area reviews are ongoing. SW, SE, SC, LDN, WM, EM (six monthly) reviews are complete and the SW (annual) review is also complete. C&NE is due this month.

### **National evaluation for WP1 (Community F:CAMHS) and WP2 (Secure Stairs)**

- Anna Freud National Centre for Children and Families delivering National Evaluation.
- Partial ethics approval awarded to begin data collection.
- Data collection commencement, FCAMHS – September 2018 SECURE STAIRS

## Health and Justice, Specialised Commissioning

### WP2: Development of an Integrated Framework of Care (SECURE STAIRS):

#### SCHs

- All operational SCHs are mobilising H&J Commissioning Plans. Contract Variations, recruitment and restructuring Healthcare teams are taking place at all sites.
- YCS - Notices of Change issued June 2018 to provide YJ SCH beds with Operational profiling and backfill from June to End Sept 2018
- DfE - Pathway to fund the Welfare SCH beds progressing, programme found to administer payments direct to LAs via grant agreements. This is subject to a business case the relevant clearance processes.

#### STCs

- Rainsbrook mobilising both Health and Justice and Establishment Plans. Training embedded in ITC and Supervision of staff commenced.
- Medway developing Health and Justice Commissioning Plan and Establishment Implementation Plan.

**YOIs.** Mobilisation commenced within all four YOIs in England. Health and Justice Commissioning Plans received from 3 of 4 YOIs

- 4/4 Business Change Managers are now recruited to assist local implementation.
- SECURE STAIRS alignment with Youth Justice Reforms continues and YCS colleagues represented at the SECURE STAIRS Project Team bringing added value in developing training, supervision, reflective practice, behaviour management and the associated recording mechanisms
- 1/4 Commissioning Plans signed off centrally. Looking to have all four Commissioning Plans centrally signed off by end August 2018 at the latest

# National Updates:

## Health and Justice, Specialised Commissioning

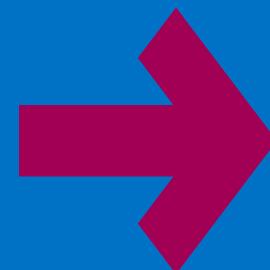
### WP2: Development of an Integrated Framework of Care (SECURE STAIRS):

#### Next Steps for Mobilisation, Transition and Transformation (July – September 2018).

- YJ SCHs implement a Framework for Integrated Care collaboratively across all partners and across the whole site.
- Finalise process for funding for welfare SCHs to enable the implementation of a Framework for Integrated Care collaboratively across all partners and across the whole site
- YOIs commence Health recruitment.
- Establishment Implementation Plans mobilised across all YJ sites.
- KPIs were reported against from April, this continues monthly along with analysis and QA.
- Financial forecasting for in-year funding continues quarterly
- Continue alignment of SECURE STAIRS with Youth Justice Reforms.
- Received second draft of CYP Comms from Young Minds. Feedback to be provided.
- Staff participation visits carried out at YOI Cookham Wood and Swanwick Lodge SCH with further work shop TBA at Adel Beck SCH. This will aid with Staff Comms being developed
- Evaluation Case Study sites confirmed – July 2018.
- Evaluation data collation commences November 2018 slipped from Mid August 2018 due to ongoing ethics applications.
- Clinical Network now opened up to operational colleagues and renamed as Professional Collaboration Network. First wider event took place July 2018. Positive feedback received.
- Next event September 2018 in Newcastle.

# NHS England CYP MH Improvement Team Update Briefing

July 2018



# National Updates – Green Paper



## Green Paper- Team POC Sara Saunders

*Transforming Children and Young People’s Mental Health Provision: a Green Paper” published 4<sup>th</sup> December.*

***The Government is due to publish their response to the consultation soon. At the time of writing we do not anticipate that this will be affected by the appointment of a new Secretary of State for Health & Social Care. Plan to publish before Parliament breaks for summer recess. This will include more detail on trailblazer roll out and waiting time pilots.***

***We are working with DfE, DH and regional colleagues on the implementation process.***

***We will have a slot on Green Paper on the August Webex***

# National Updates



## CYP Mental Health Improvement Team (MHIT) - Team POC – Emma Corker/Sara Saunders

- Initial discussions on current ways of working and alignment with STPs and wider regional landscape changes have been held with the CYP Delivery Group. We will keep up updated and involved in further progress
- We have begun refreshing the reporting template to make it easier and more efficient for you to report on. We will be engaging with you on this further in due course.
- Induction pack for clinical networks (CN): If you would be interested in being involved in the development of an induction pack for new starters or have any resources we can use to develop a CN induction pack please contact [Emma.corker@nhs.net](mailto:Emma.corker@nhs.net).
- MHIT National event London 3rd July – Thank you to all attended. It was a stimulating day and a great opportunity to come together to network and share good practice.
- Slides from the day and the option to feed back have been sent out to you. If you would like to feed back and/or suggest the topic for next year please contact Hazel on [england.CYP-mentalhealth@nhs.net](mailto:england.CYP-mentalhealth@nhs.net)

## KLoEs Refresh - Team POC – Emma Corker [emma.corker@nhs.net](mailto:emma.corker@nhs.net)

- KLoEs for 2018/19 have been shared with regions and CNs.

## LTP Refresh

- LTPs are a key way of showing how Future in Mind is being delivered across local systems (NHS, LA, VCS etc.). Anticipate that NAO will increase visibility of quality of assurance of LTPs.
- We will be exploring strengthening the LTP assurance process and will use the Delivery Group and Network meetings to discuss further

# National Updates

## Commissioning Development – Team POC Aga Wojciechowska

- 111 commissioners completed the Children and Young People’s Mental Health and Wellbeing Commissioning Development Programme in 2017/18
- The evaluation report has been share with you
- National team would like to make sure CN representatives are included in follow up discussions to agree the scope and approach for commissioning development support in 2018/19
- Colleagues who would like to get involved, please get in touch with Aga Wojciechowska at: [a.wojciechowska@nhs.net](mailto:a.wojciechowska@nhs.net)

## Urgent & Emergency MH Care- Team POC Sara Saunders/Steve Jones/ Aghileh Djafari-Marbini

***FYFV Action: Commission 24/7 urgent and emergency mental health service for children and young people that can effectively meet the needs of diverse communities***

- **CYP Vanguard**s : We shared the final vanguard report with you last month
- **Additional funding**: The report on regional use of short term funding in 17/18 is still being drafted
- **CCG Crisis audit**: **The national CCQI audit 2018 is live and will close on 27<sup>th</sup> July.** Thank you for your support in launching this to CCGs. **Survey returns so far have been slow. Can we ask you to raise again with CCGs** so we can get as wider coverage as possible

# National Updates



**Integrated personal commissioning- Team POC Emma Corker: [emma.corker@nhs.net](mailto:emma.corker@nhs.net)**

**Programme lead: Lizzie Streeter- [e.streeter@nhs.net](mailto:e.streeter@nhs.net)**

- 7 sites are delivering personal health budgets for different cohorts of looked after children and care leavers. NEW Devon, Islington, Birmingham, Nottinghamshire, Sheffield, Bristol, Gloucestershire.
- There are now 195 active PHBs across the sites. Case studies are available. Please contact Lizzie Streeter for more information and case studies- [e.streeter@nhs.net](mailto:e.streeter@nhs.net)

**Participation: Team POC Emma Corker [emma.corker@nhs.net](mailto:emma.corker@nhs.net)**

**Project manager YoungMinds: [Ruth.Sabella@youngminds.org.uk](mailto:Ruth.Sabella@youngminds.org.uk)**

Continued support offer from Amplified national programme for CYP IAPT Collaboratives (targeted consultation); for individual trailblazer sites (focus on vulnerable groups in Y1- list has been shared ); for CYP and parents/carers to get involved (digital networks, newsletters, social media drives and champions + advisors who work directly for Amplified).

- Amplified have been working with CNs since March onwards and have now spoken to all of the networks, with some firm clear support plans in place with most. If you haven't got a support plan in place and want one, please contact Ruth Sabella, project manager (email above).
- The Amplified Insights Survey is available on the YoungMinds website via the link below:

<https://youngminds.org.uk/what-we-do/our-projects/amplified-programme/amplified-insights-survey/>

# National Updates



## CYP Access– Team POC Aga Wojciechowska:

*FYFV Commitment: “By 2020/21, at least 70,000 more children and young people should have access to high-quality mental health care when they need it.”*

*Equates to 35% of CYP with a diagnosable MH condition, based on 2004 prevalence survey.*

- ~~The SDCS collection has been published by NHS Digital.~~ Results indicates that **nationally 324,724 CYP accessed mental health services in 2017/18. Thank you for your hard work !** <https://digital.nhs.uk/data-and-information/publications/statistical/mental-health-services-monthly-statistics/mental-health-services-monthly-statistics-final-april-provisional-may-2018>
- The SDCS collection has also been published on NHS England website <https://www.england.nhs.uk/mental-health/cyp/>
- A Regional, STP and CCG level breakdown is available through your regional CYP MH leads [**Includes a more comprehensive list of providers not flowing to MHSDS**]. This information will support local recovery work and help identify areas for targeted support as there is still some worrying variation which we will need to address.
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- **Two regions are exploring using CSUs to flow data on behalf on non connected providers (South and Mids & East)**

## **CYPMH Outcomes Metric**

- The MH & Dementia Board has agreed a metric to capture CYP reliable improvement from presenting problems across CYP services, including movement towards goals.
- CCG Bulletin outlining the Outcomes Metric sent out to CCGs week commencing 2<sup>nd</sup> July 2018.
- The intention this year is to ensure services flowing appropriate data and to be assured that the metric is robust.
- Further details of the support package will be circulated shortly

# National Updates

## National Audit Office (NAO) CYPMH Study – Team POC Fiona Abbey:

- The NAO is undertaking a study of CYPMHS. The study is focused on looking at progress in implementing the strategy as set out in Future in Mind and the FYFV for MH. This will cover delivery of the strategy, spending and outcomes to date.
- The NAO has been collecting information and evidence from the CYPMH national team, regional teams and local areas since April.
- They will be sharing their emerging findings with us in July 2018
- The final report is due to be published in October 2018.
- Fiona Abbey ([fionaabbey@nhs.net](mailto:fionaabbey@nhs.net)) is the point of contact in the national CYP team for the NAO study.

# National Updates: Other Workstreams



## Mental Health Services and Schools Link Programme 2017-18– Team contact Jessica Sharp

- DfE and the Anna Freud National Centre are leading a project to improve the understanding of how schools and mental health services can work across settings to improve the support offer to CYP. This is an extension of the Wave 1 Mental Health and Schools Link Pilot and continues to build evidence of what works.
- Two workshops for participating sites:  
CCG leads, LA leaders, school staff, NHS CYPMHS providers and community organisations working with CYP. [Find out more.](#)

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# National Updates:



## Health and Justice, Specialised Commissioning

**WP1: Specialist Child and Adolescent Mental Health Services for High Risk Young People with Complex Needs (Community F:CAMHS)** – mobilisation status and MAP next slide/s

### **WP3: Collaborative Commissioning Networks**

- 9/10 areas having mobilised or are mobilising services.
- Mobilisation timescales slipped on one remaining areas (Y&H), with mobilisation now estimated for Q2 2018/19.
- Next steps – collate qualitative information on the services that have mobilised, including case studies and examples of promising practice.
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### **National evaluation for WP1 (Community F:CAMHS) and WP2 (Secure Stairs)**

- To commence mobilisation January 2018
- Contract awarded to Anna Freud National Centre for Children and Families.
- Service will commence April 2018.
- Mandatory Key Performance Indicators will be collected from April 2018 to help track the progress of these services and show the benefits they will hopefully deliver. An updated version of the data collection template will be released by the end of March.

# WP2: SECURE STAIRS – national update

## SCHs

- Mobilisation is ongoing. Health recruitment, supervision of Operational staff, formulation meetings and training are all in development.
- YCS completed and disseminated Notices of Change 1<sup>st</sup> week June to provide YJ SCH beds with Operational profiling and backfill.
- No DfE pathway to fund the Welfare SCH beds. This was escalated to the Children's Assurance Group in June.

## STCs

- Rainsbrook mobilising both Health and Justice and Establishment Plans. Training embedded in ITC and Supervision of staff commenced.
- Medway developing Health and Justice Commissioning Plan and Establishment Implementation Plan.

## YOIs.

- Mobilisation commenced within all four YOIs in England. Health and Justice Commissioning Plans received from 3 of 4 YOIs
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## Next Steps for Mobilisation, Transition and Transformation (July– September 2018).

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- Welfare SCHs implement a Health Framework.
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- Establishment Implementation Plans mobilised across all YJ sites.
- KPIs were reported against from April, this continues monthly along with analysis and QA.
- Financial forecasting for in-year funding commences and continues quarterly - June
- Continue alignment of SECURE STAIRS with Youth Justice Reforms.
- First draft of CYP Comms received from YoungMinds in June 2018.
- Staff participation visits carried out at YOI Cookham Wood and Swanwick Lodge SCH in June 2018 with further work shop TBA at Adel Beck SCH.
- Evaluation Case Study sites confirmed – July 2018.
- Evaluation data collation commences mid- August 2018.
- Clinical Network has now been opened up to operational colleagues and continues as Professional Collaboration Network.

NHSGo - **free to download** on iTunes and Google play you can also visit [www.nhsgo.uk](http://www.nhsgo.uk) to see all the content online. Available to all CYP in London.

Provides advice to CYP, using NHS Choices content on conditions, rolling content on topical matter, a service finder and information about rights for CYP.

- 75,000 + downloads.
- Over 800,000 in app page views (most popular topics are mental health and sexual health)
- Award winning:
  - Patient Experience Network - Championing the Public 2016.
  - Patient Experience Network - Access to information 2017.
- Shortlisted for National Positive Practice in MH awards 2018.

