Asthma Control Test - Tamil

Nīṅkaḷ maruttuvarai/ ceviliyar pārkka muṉ piṉvarum kēḷvikaḷai pūrtti ceyka  
ovvoru kēḷvikkum kavaṉamāka paṭittu ovvoru kēḷvikkum oru patil tērvu

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 | Kaṭanta 4 vāraṅkaḷil, eppaṭi aṭikkaṭi uṅkaḷ āstumā uṅkaḷ kuḻantai evvaḷavu paḷḷi allatu vīṭṭil ceytu koḷvatu taṭukka? | | | | | | | | | | | | | |
| Aṉaittu nēram | Perumpālāṉa nēram | | | Nēram cila | | | | Nēram oru ciṟiya | | | | Nēram etuvum |  |
|  |  | | |  | |  | |  | | |  | | |  |
| 2 | Kaṭanta 4 vāraṅkaḷil, eppaṭi aṭikkaṭi uṅkaḷ kuḻantai mūccu tiṇaṟal iruntatu? | | | | | | | | | | | | | |
| Oru nāḷ oru muṟai viṭa | Nāḷ oru muṟai | | | Vārattiṟku 3-6 muṟai | | | | Vārattiṟku 1-2 muṟai | | | | Illavē illai |  |
|  |  | | |  | |  | |  | | |  | | |  |
| 3 | (Cuvācittal mūcciḻuppu, irumal, iṟukkam, ) taṅkaḷ āstumā aṟikuṟikaḷ iravu allatu atikālaiyil eḻuntu, kaṭanta 4 vāraṅkaḷil, eppaṭi aṭikkaṭi? | | | | | | | | | | | | | |
| Vārattiṟku 4 allatu ataṟku mēṟpaṭṭa muṟai | Vārattiṟku 2-3 iravukaḷ | | | Vārattiṟku orumuṟai | | | | Orumuṟai allatu irumuṟai | | | | Illavē illai |  |
|  |  | | |  | |  | |  | | |  | | |  |
| 4 | Kaṭanta 4 vāraṅkaḷil, eppaṭi avai tamatu nīla iṉhēlar payaṉpaṭutta vēṇṭum? | | | | | | | | | | | | | |
| Nāḷ oṉṟukku 3 allatu ataṟku mēṟpaṭṭa muṟai | Nāḷaikku 1-2 muṟai | | | Vārattiṟku 2-3 muṟai | | | | Vāram allatu kuṟaivāka orumuṟai | | | | Illavē illai |  |
|  |  | | |  | |  | |  | | |  | | |  |
| 5 | Eppaṭi nīṅkaḷ kaṭanta 4 vāraṅkaḷ pōtu taṅkaḷ āsttumā kaṭṭuppāṭṭai eppaṭi matippiṭuvīrkaḷ? | | | | | | | | | | | | | |
| Kaṭṭuppaṭuttappaṭṭa | Mōcamāka kaṭṭuppaṭuttappaṭṭa | | | Ōraḷavu kaṭṭuppaṭuttiya | | | | Naṉku kaṭṭuppāṭṭil | | | | Muṟṟilum kaṭṭuppaṭuttiviṭalām |  |
|  |  | |  | | | |  | | |  | |  | |  |
|  |  | |  | | | |  | | |  | | TOTAL | |  |